

Registration form

Herewith I register for the following activity:

- **6-week „Mindfulness for Parents and Educators“-course** on _____ (weekday), starting on _____ (date)
- **8-week MBSR-course** on _____ (weekday), starting on _____ (date)
- **Day of Mindfulness** on _____ (date)
- **Workshop** on _____ (date) on the topic _____

Prices:

- **6-week-course „Mindfulness for Parents and Educators“:** 190 € (incl. VAT) / 160 €* (incl. VAT)
Included in the price is the course (6 x 2h), meditations for download, a handout and an informal meeting a few months after the course.
- **8-week-MBSR-course:** 380 € (incl. VAT) / 320 €* (incl. VAT)
Included in the price is the course (8 x 2,5h), meditations for download, a full day of mindfulness, a handout and an individual meeting before and after the course.
- **Day of Mindfulness:** 90 € (incl. VAT) / 70 €* (incl. VAT) – food included
- **Workshop adults (3h):** 75 € (incl. VAT) / 60 €* (incl. VAT)
- **Workshop children/adolescents (3h):** 60 € (incl. VAT)

Following your registration (resp. the individual meeting before the MBSR-course) you will receive an invoice with details about the payment. Please transfer the money **before the start** of the course resp. workshop.

If you cannot participate in the registered activity, I will charge 25 € administrative fee until 2 weeks before the start of the activity and refund you the rest of the payment. A later cancellation cannot be refunded.

Name: _____ First name: _____

Occupation: _____

Post code/place: _____

Number, Street: _____

Phone: _____ E-Mail: _____

Date and signature: _____

Please send the completed form to me via e-mail (info@being-mindful.lu) or post mail (Berenice Boxler, 7, d’Baach aus, L-9209 Diekirch). Thank you very much.

The registration form with your personal information will be destroyed after the activity.

* reduced price for students and unemployed people (with proof).